

October 2023 NACR QUARTERLY REPORT ON MODE OF DELIVERY (rerun using January 2024 extract)

(Apr to Jun 2023 data; patient records were included if they started Core¹ Rehab within the time period and there was sufficient data – 10 or more core rehab records with a start date created - within the named programme)

This is the ninth Quarterly Report for NACR. The report details, at programme level, if the mode of delivery is being reported, and the different modes that are being provided. There is also an indicator to show whether programmes are delivering single mode or mixed/hybrid. The delivery of a menu-based approach, driven by patient choice, is a clear direction from the BACPR in the 2023 Standards and Core Components document and thus is an important metric for the audit to report.

In recent years, due to the ever-increasing emergence of different modes which are both evidence-based (e.g. REACH-HF, Heart Manual, Angina Plan) and pending trial validation, it is important to add real-world evaluation measured through the audit. NACR is supporting multiple evaluations at present and the completion of the mode of delivery field is essential for this.

This report selects patients based on those with a start date for Core CR between April and June 2023 and looks at the level of completion of the mode of delivery field (Rehabilitation Delivery), as well as the breakdown by type and multiple modes. Of the 172 programmes with starters in the time period, fewer than 10% had insufficient data for reporting (n=11). As per the initial run in October, four programmes had starters but did not have mode recorded for any of the records. Finally, when looking at the reporting of mode, of those with sufficient data, the average proportion of starters missing mode was 18%.

When looking at the individual types of rehabilitation, it is interesting to see that in 2023 data on average 37% of patients are receiving group-based CR. This is much closer to the Self-delivered/Home-based option (40%) than in recent years. This suggests that delivery across the UK is more diverse post-COVID than it was during the pandemic (Self-delivered dominating) or pre-pandemic (Group-based dominating). It is also promising to see that on average 23% of the population were receiving hybrid CR. This more modern version of CR delivery appears to straddle the advantages of both group-based (supervised education and exercise sessions) while reducing some of the burden of attending all sessions in person at a specified time and place.

In 2019, when NACR modified the mode of delivery list, a 'patient-led – reduced staff support' option was included. During lockdown, this may have been suitable/the only option with no in-person option or reduced staff due to redeployment/staff sickness. However, in April-June 2023 there still appears to be some patients receiving this mode. The column labelled 'Reduced Staff Support/Patient Led*' shows where the patient received this mode with no other mode recorded. Across the UK, 2.8% of patients this quarter received this mode, however, in some services, this option is much higher, even the dominating choice. This mode has little contact with staff and may not be sufficient in its intensity to yield the benefits evidenced in CR trials. This mode is therefore not taken into account as part of the 'hybrid' or 'multi mode' delivery.

(¹ Throughout this report 'Core' refers to Core or Phase 3 records)

Trust Name	Network/Region	ICB/Board	Of those with mode recorded, what are the proportions in each group				Did the programme have a diverse menu-based approach? (Single or Multi-mode)	% of Patients Starting Core CR Without Mode Recorded
			Group-based Only	Self Delivered/ Home-based Only	Hybrid ²	Reduced Staff Support/Patient Led ³		
Countess of Chester Hospital NHS Foundation Trust (Countess of Chester Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	<5 Records	68%	29%	<5 Records	Multi-mode	1%
East Cheshire NHS Trust (Macclesfield District General Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	43%	52%	<5 Records	No Data	Multi-mode	0%
Liverpool University Hospitals NHS Foundation Trust (University Hospital Aintree)	Cheshire & Merseyside	NHS Cheshire and Merseyside	No Data	92%	<5 Records	No Data	Multi-mode	0%
Liverpool Heart and Chest Hospital NHS Foundation Trust (Knowsley Community CVD Service)	Cheshire & Merseyside	NHS Cheshire and Merseyside	37%	28%	33%	<5 Records	Multi-mode	29%
Liverpool University Hospitals NHS Foundation Trust (Broadgreen Hospital and Royal Liverpool University Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	18%	30%	52%	No Data	Multi-mode	1%
Mersey and West Lancashire Teaching Hospitals NHS Trust (Ormskirk District General Hospital & Southport and Formby District General Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	No Data	48%	52%	No Data	Multi-mode	11%
Mid Cheshire Hospitals NHS Foundation Trust (Leighton Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	51%	49%	No Data	No Data	Multi-mode	6%
St.Helens and Knowsley Teaching Hospitals NHS Trust (Halton and St Helens Division)	Cheshire & Merseyside	NHS Cheshire and Merseyside	41%	53%	<5 Records	<5 Records	Multi-mode	30%
Warrington and Halton Teaching Hospitals NHS Foundation Trust (Halton Hospital and Warrington)	Cheshire & Merseyside	NHS Cheshire and Merseyside	No Data	45%	54%	<5 Records	Multi-mode	3%
Wirral Community Health and Care NHS Foundation Trust (Wirral Heart Support Centre)	Cheshire & Merseyside	NHS Cheshire and Merseyside	62%	21%	13%	4%	Multi-mode	21%

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Chesterfield Royal Hospital NHS Foundation Trust (Chesterfield Royal Hospital)	East Midlands	NHS Derby and Derbyshire	9%	79%	12%	No Data	Multi-mode	12%
Derbyshire Community Health Services NHS Foundation Trust (North Derbyshire - Phase III Community CR (Chesterfield & Bolsover))	East Midlands	NHS Derby and Derbyshire	18%	34%	48%	No Data	Multi-mode	0%
Doncaster and Bassetlaw Hospitals NHS Foundation Trust (Bassetlaw Hospital)	East Midlands	NHS Nottingham and Nottinghamshire	No Data	49%	51%	No Data	Multi-mode	0%
Kettering General Hospital NHS Trust (Kettering General Hospital)	East Midlands	NHS Northamptonshire	41%	57%	<5 Records	No Data	Multi-mode	26%
Northampton General Hospital NHS Trust (Northampton General Hospital (Acute))	East Midlands	NHS Northamptonshire	Insufficient Number of Starters for Valid Data Reporting					
Nottingham Citycare Partnership CIC (Community Cardiac Rehab and TIA Service)	East Midlands	NHS Nottingham and Nottinghamshire	Insufficient Number of Starters for Valid Data Reporting					
Sherwood Forest Hospitals NHS Foundation Trust (King's Mill Hospital)	East Midlands	NHS Nottingham and Nottinghamshire	26%	43%	27%	<5 Records	Multi-mode	16%
University Hospitals Of Leicester NHS Trust (Glenfield Hospital, Leicester General Hospital and Leicester Royal Infirmary)	East Midlands	NHS Leicester, Leicestershire and Rutland	88%	12%	No Data	No Data	Multi-mode	13%
Bedfordshire Hospitals NHS Foundation Trust (Bedford Heart Beat - Bedford Hospital)	East of England	NHS Bedfordshire, Luton and Milton Keynes	<5 Records	<5 Records	89%	No Data	Multi-mode	4%
Bedfordshire Hospitals NHS Foundation Trust (Luton and Dunstable Hospital)	East of England	NHS Bedfordshire, Luton and Milton Keynes	100%	No Data	No Data	No Data	Single mode	0%
Cambridge University Hospital NHS Foundation Trust (Addenbrooke's Hospital)	East of England	NHS Cambridgeshire and Peterborough	58%	24%	18%	No Data	Multi-mode	2%

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Cambridgeshire & Peterborough NHS Foundation Trust (Doddington Community Hospital)	East of England	NHS Cambridgeshire and Peterborough	<5 Records	61%	<5 Records	No Data	Multi-mode	10%
East and North Hertfordshire NHS Trust (Queen Elizabeth II Hospital and Lister Hospital)	East of England	NHS Hertfordshire and West Essex	82%	<5 Records	No Data	No Data	Multi-mode	83%
East Suffolk and North Essex NHS Foundation Trust (Colchester General Hospital)	East of England	NHS Suffolk and North East Essex	100%	No Data	No Data	No Data	Single mode	0%
East Suffolk and North Essex NHS Foundation Trust (East Suffolk Cardiac Rehab)	East of England	NHS Suffolk and North East Essex	<5 Records	38%	60%	No Data	Multi-mode	3%
East Suffolk and North Essex NHS Foundation Trust (North East Essex Community Cardiac Rehab)	East of England	NHS Suffolk and North East Essex	Insufficient Number of Starters for Valid Data Reporting					
Essex Partnership University NHS Foundation Trust (EPUT)	East of England	NHS Hertfordshire and West Essex	No Data	100%	No Data	No Data	Single mode	0%
Mid and South Essex NHS Foundation Trust (Broomfield Hospital)	East of England	NHS Mid and South Essex	59%	41%	<5 Records	No Data	Multi-mode	4%
Mid and South Essex NHS Foundation Trust (Southend Hospital)	East of England	NHS Mid and South Essex	No Data	79%	21%	No Data	Multi-mode	3%
Mid and South Essex NHS Foundation Trust (The Essex Cardiothoracic Centre)	East of England	NHS Mid and South Essex	13%	62%	26%	No Data	Multi-mode	5%
Milton Keynes University Hospital NHS Foundation Trust (Milton Keynes University Hospital)	East of England	NHS Bedfordshire, Luton and Milton Keynes	Insufficient Number of Starters for Valid Data Reporting					
Norfolk and Norwich University Hospital NHS Trust (Norfolk and Norwich University Hospital)	East of England	NHS Norfolk and Waveney	<5 Records	81%	18%	No Data	Multi-mode	0%
Norfolk Community Health and Care NHS Trust (Dereham Hospital)	East of England	NHS Norfolk and Waveney	64%	16%	18%	<5 Records	Multi-mode	1%

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			Group-based Only	Self Delivered/ Home-based Only	Hybrid ²	Reduced Staff Support/Patient Led ³		
North West Anglia NHS Foundation Trust (Peterborough City Hospital and CPFT Community Cardiac Rehabilitation)	East of England	NHS Cambridgeshire and Peterborough	49%	37%	<5 Records	8%	Multi-mode	20%
Royal Papworth Hospital NHS Foundation Trust (Royal Papworth Hospital)	East of England	NHS Cambridgeshire and Peterborough	28%	23%	48%	<5 Records	Multi-mode	11%
West Herts Central London Community Healthcare NHS Trust (St Albans, Watford, Hemel Hempstead)	East of England	NHS Hertfordshire and West Essex	63%	18%	19%	No Data	Multi-mode	2%
West Suffolk NHS Foundation Trust (West Suffolk Community Cardiac Rehabilitation)	East of England	NHS Suffolk and North East Essex	No Data	<5 Records	98%	No Data	Multi-mode	2%
West Suffolk NHS Foundation Trust (West Suffolk Hospital)	East of England	NHS Suffolk and North East Essex	87%	<5 Records	No Data	No Data	Multi-mode	40%
Bolton Hospitals NHS Trust (Royal Bolton Hospital and Royal Bolton Heart Failure Rehab)	Greater Manchester	NHS Greater Manchester	57%	31%	<5 Records	9%	Multi-mode	7%
Circle Health Group (Alexandra Hospital (Private))	Greater Manchester	NHS Greater Manchester	Insufficient Number of Starters for Valid Data Reporting					
Manchester University NHS Foundation Trust (Manchester Heart Centre / Manchester Royal Infirmary)	Greater Manchester	NHS Greater Manchester	No Data	100%	No Data	No Data	Single mode	30%
Manchester University NHS Foundation Trust (North Manchester General Hospital)	Greater Manchester	NHS Greater Manchester	41%	52%	<5 Records	No Data	Multi-mode	19%
Manchester University NHS Foundation Trust (Trafford General Hospital)	Greater Manchester	NHS Greater Manchester	87%	<5 Records	<5 Records	No Data	Multi-mode	25%
Manchester University NHS Foundation Trust (Wythenshawe Hospital & South Manchester Community)	Greater Manchester	NHS Greater Manchester	Insufficient Number of Starters for Valid Data Reporting					
Northern Care Alliance NHS Group (Bury Care Organisation)	Greater Manchester	NHS Greater Manchester	56%	34%	8%	<5 Records	Multi-mode	6%

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Northern Care Alliance NHS Group (Royal Oldham Hospital)	Greater Manchester	NHS Greater Manchester	45%	33%	22%	No Data	Multi-mode	4%
Northern Care Alliance NHS Group (Salford Royal Hospital)	Greater Manchester	NHS Greater Manchester	95%	<5 Records	No Data	No Data	Multi-mode	77%
Stockport NHS Foundation Trust (Stepping Hill Hospital)	Greater Manchester	NHS Greater Manchester	60%	33%	<5 Records	No Data	Multi-mode	21%
Tameside and Glossop Integrated Care NHS Foundation Trust (Tameside General Hospital)	Greater Manchester	NHS Greater Manchester	60%	39%	<5 Records	No Data	Multi-mode	14%
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust (Community Cardiac Rehabilitation)	Greater Manchester	NHS Greater Manchester	<5 Records	93%	5%	No Data	Multi-mode	24%
City Health Care Partnership CIC (East Riding Cardiac Rehab Service)	Humber and North Yorkshire	NHS Humber and North Yorkshire	<5 Records	85%	No Data	No Data	Multi-mode	89%
City Health Care Partnership CIC (Hull)	Humber and North Yorkshire	NHS Humber and North Yorkshire	80%	<5 Records	No Data	No Data	Multi-mode	91%
Harrogate and District NHS Foundation Trust (Harrogate District Hospital)	Humber and North Yorkshire	NHS Humber and North Yorkshire	Sufficient Number of Starters but no Mode Data					
Humber Teaching NHS Foundation Trust (Scarborough, Whitby, Ryedale and Pocklington)	Humber and North Yorkshire	NHS Humber and North Yorkshire	No Data	88%	12%	No Data	Multi-mode	0%
Northern Lincolnshire and Goole Hospitals NHS Foundation Trust (Diana, Princess of Wales Hospital)	Humber and North Yorkshire	NHS Humber and North Yorkshire	No Data	66%	No Data	34%	Single mode	4%
Northern Lincolnshire and Goole Hospitals NHS Foundation Trust (Scunthorpe General Hospital)	Humber and North Yorkshire	NHS Humber and North Yorkshire	<5 Records	68%	<5 Records	No Data	Multi-mode	14%
York and Scarborough Teaching Hospitals NHS Foundation Trust (York Hospital / Community CR & Heart Failure Rehab)	Humber and North Yorkshire	NHS Humber and North Yorkshire	12%	75%	13%	No Data	Multi-mode	7%

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East Lancashire Hospitals NHS Trust (Royal Blackburn Hospital / Burnley Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	47%	28%	24%	<5 Records	Multi-mode	3%
Lancashire Teaching Hospitals NHS Foundation Trust (Chorley & South Ribble Hospital and Royal Preston Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	<5 Records	<5 Records	91%	No Data	Multi-mode	0%
University Hospitals of Morecambe Bay NHS Foundation Trust (Furness General Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	Insufficient Number of Starters for Valid Data Reporting					
University Hospitals Of Morecambe Bay NHS Foundation Trust (Royal Lancaster Infirmary)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	67%	No Data	<5 Records	No Data	Multi-mode	10%
University Hospitals Of Morecambe Bay NHS Foundation Trust (Westmorland General Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	100%	No Data	No Data	No Data	Single mode	0%
Barking, Havering and Redbridge Hospitals NHS Trust (King George Hospital, Queens Hospital and Community CHD Service)	London (North)	NHS North East London	No Data	71%	29%	No Data	Multi-mode	0%
Barts Health NHS Trust (Barts Heart Centre)	London (North)	NHS North East London	<5 Records	<5 Records	87%	No Data	Multi-mode	9%
Barts Health NHS Trust (Whipps Cross University Hospital)	London (North)	NHS North East London	13%	<5 Records	84%	No Data	Multi-mode	11%
Central and North West London NHS Foundation Trust (Hillingdon Community Cardiac Rehab)	London (North)	NHS North West London	No Data	29%	71%	No Data	Multi-mode	13%
Central London Community Healthcare NHS Trust (Harrow Community Services)	London (North)	NHS North West London	97%	<5 Records	No Data	No Data	Multi-mode	58%
East London NHS Foundation Trust (Newham Cardiac Rehab Services)	London (North)	NHS North East London	<5 Records	73%	25%	No Data	Multi-mode	1%

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Homerton University Hospital NHS Foundation Trust (Homerton University Hospital)	London (North)	NHS North East London	100%	No Data	No Data	No Data	Single mode	4%
Imperial Healthcare NHS Trust (Charing Cross Hospital/Hammersmith, Central & West London and Ealing Community)	London (North)	NHS North West London	53%	33%	13%	<5 Records	Multi-mode	12%
London North West University Healthcare NHS Trust (Northwick Park Hospital and Ealing Hospital)	London (North)	NHS North West London	No Data	86%	12%	<5 Records	Multi-mode	7%
North Middlesex University Hospital NHS Trust (North Middlesex Hospital)	London (North)	NHS North Central London	No Data	79%	19%	<5 Records	Multi-mode	31%
Nuffield Health (Nuffield Health at St. Bartholomew's Hospital)	London (North)	NHS North East London	75%	<5 Records	No Data	No Data	Multi-mode	8%
Royal Free London NHS Foundation Trust (Chase Farm Hospital and Barnet Hospital)	London (North)	NHS North Central London	31%	41%	28%	No Data	Multi-mode	11%
Royal Free London NHS Foundation Trust (Royal Free Hospital)	London (North)	NHS North Central London	<5 Records	59%	38%	<5 Records	Multi-mode	4%
The Hillingdon Hospitals NHS Foundation Trust (Hillingdon Hospital)	London (North)	NHS North West London	95%	<5 Records	No Data	No Data	Multi-mode	2%
University College London Hospitals NHS Foundation Trust (The Heart Hospital)	London (North)	NHS North Central London	<5 Records	No Data	93%	No Data	Multi-mode	23%
Whittington Health NHS Trust (The Whittington Hospital)	London (North)	NHS North Central London	No Data	35%	63%	<5 Records	Multi-mode	3%
Central London Community Healthcare NHS Trust (Merton Cardiac Rehabilitation)	London (South)	NHS South West London	83%	<5 Records	<5 Records	No Data	Multi-mode	38%
Croydon Health Services NHS Trust (Croydon University Hospital)	London (South)	NHS South West London	<5 Records	<5 Records	<5 Records	No Data	Multi-mode	40%
Epsom and St Helier University Hospitals NHS Trust (St Helier Hospital)	London (South)	NHS South West London	75%	No Data	25%	No Data	Multi-mode	49%

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Guy's and St Thomas' NHS Foundation Trust (St. Thomas' Hospital)	London (South)	NHS South East London	89%	<5 Records	No Data	No Data	Multi-mode	13%
Hounslow and Richmond Community Healthcare NHS Trust (Hounslow and Richmond Community Cardiac Rehab Service)	London (South)	NHS South West London	Insufficient Number of Starters for Valid Data Reporting					
King's College Hospital NHS Foundation Trust (King's College Hospital (Denmark Hill))	London (South)	NHS South East London	<5 Records	<5 Records	No Data	No Data	Multi-mode	91%
Kings College Hospital NHS Foundation Trust (Princess Royal University Hospital)	London (South)	NHS South East London	100%	No Data	No Data	No Data	Single mode	45%
Lewisham and Greenwich NHS Trust (University Hospital Lewisham)	London (South)	NHS South East London	100%	No Data	No Data	No Data	Single mode	20%
Oxleas NHS Foundation Trust (Bexley Cardiac Rehab and Greenwich Long Term Conditions Team)	London (South)	NHS South East London	Sufficient Number of Starters but no Mode Data					
St George's University Hospitals NHS Foundation Trust (St George's Hospital (Tooting))	London (South)	NHS South West London	<5 Records	24%	64%	No Data	Multi-mode	29%
Your Healthcare CIC (Kingston Community Cardiac Prevention and Rehabilitation Programme)	London (South)	NHS South West London	72%	28%	No Data	No Data	Multi-mode	21%
Gateshead Health NHS Foundation Trust (Queen Elizabeth Hospital)	North East	NHS North East and North Cumbria	100%	No Data	No Data	No Data	Single mode	21%
Newcastle upon Tyne Hospitals NHS Foundation Trust (Freeman Hospital)	North East	NHS North East and North Cumbria	Insufficient Number of Starters for Valid Data Reporting					
North Cumbria Integrated Care NHS Foundation Trust (Cumberland Infirmary)	North East	NHS North East and North Cumbria	No Data	76%	24%	No Data	Multi-mode	0%
North Cumbria Integrated Care NHS Foundation Trust (West Cumberland Hospital)	North East	NHS North East and North Cumbria	No Data	60%	40%	No Data	Multi-mode	0%

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North Tees and Hartlepool NHS Foundation Trust (Community Services)	North East	NHS North East and North Cumbria	91%	9%	No Data	No Data	Multi-mode	13%
Northumbria Healthcare NHS Foundation Trust (Central/South East, North and West & Community Cardiology)	North East	NHS North East and North Cumbria	11%	55%	35%	No Data	Multi-mode	5%
Ashford and St. Peters Hospital NHS Trust (Ashford Hospital and St Peters Hospital)	South East	NHS Surrey Heartlands	100%	No Data	No Data	No Data	Single mode	54%
Berkshire Healthcare NHS Foundation Trust (Royal Berkshire Hospital and West Berkshire Community)	South East	NHS Buckinghamshire, Oxfordshire and Berkshire West	<5 Records	No Data	98%	No Data	Multi-mode	28%
Buckinghamshire Healthcare NHS Trust (Wycombe Hospital)	South East	NHS Buckinghamshire, Oxfordshire and Berkshire West	<5 Records	No Data	No Data	No Data	Single mode	99%
Dartford and Gravesham NHS Trust (Darent Valley Hospital)	South East	NHS Kent and Medway	<5 Records	70%	No Data	No Data	Multi-mode	58%
East Sussex Healthcare NHS Trust (Conquest Hospital)	South East	NHS Sussex	69%	<5 Records	No Data	20%	Multi-mode	5%
East Sussex Healthcare NHS Trust (Eastbourne District General Hospital)	South East	NHS Sussex	82%	13%	No Data	<5 Records	Multi-mode	5%
Frimley Health NHS Foundation Trust (Frimley Park Hospital)	South East	NHS Frimley	98%	No Data	<5 Records	No Data	Multi-mode	15%
Frimley Health NHS Foundation Trust (Wexham Park Hospital)	South East	NHS Frimley	100%	No Data	No Data	No Data	Single mode	18%
Isle of Wight NHS Trust (St Mary's Hospital)	South East	NHS Hampshire and Isle of Wight	63%	<5 Records	No Data	30%	Multi-mode	26%
Kent Community Health NHS Foundation Trust	South East	NHS Kent and Medway	95%	<5 Records	No Data	No Data	Multi-mode	89%
Maidstone and Tunbridge Wells NHS Trust (Maidstone Hospital)	South East	NHS Kent and Medway	88%	12%	No Data	No Data	Multi-mode	0%
Maidstone and Tunbridge Wells NHS Trust (Tunbridge Wells Hospital)	South East	NHS Kent and Medway	82%	9%	9%	No Data	Multi-mode	0%

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Oxford University Hospitals NHS Foundation Trust (Horton General Hospital and John Radcliffe Hospital)	South East	NHS Buckinghamshire, Oxfordshire and Berkshire West	97%	<5 Records	<5 Records	No Data	Multi-mode	48%
Portsmouth Hospitals University NHS Trust (Queen Alexandra Hospital)	South East	NHS Hampshire and Isle of Wight	22%	57%	10%	11%	Multi-mode	4%
Royal Surrey NHS Foundation Trust (Royal Surrey County Hospital)	South East	NHS Surrey Heartlands	11%	30%	48%	11%	Multi-mode	14%
Solent NHS Trust	South East	NHS Hampshire and Isle of Wight	95%	<5 Records	<5 Records	No Data	Multi-mode	20%
Surrey and Sussex Healthcare NHS Trust (Crawley Hospital)	South East	NHS Surrey Heartlands	No Data	99%	<5 Records	No Data	Multi-mode	5%
University Hospitals Sussex NHS Foundation Trust (Princess Royal Hospital)	South East	NHS Sussex	<5 Records	15%	83%	No Data	Multi-mode	9%
University Hospitals Sussex NHS Foundation Trust (Royal Sussex County Hospital)	South East	NHS Sussex	<5 Records	32%	63%	<5 Records	Multi-mode	12%
University Hospitals Sussex NHS Foundation Trust (Southlands Hospital)	South East	NHS Sussex	74%	26%	No Data	No Data	Multi-mode	9%
University Hospitals Sussex NHS Foundation Trust (St Richards Hospital)	South East	NHS Sussex	No Data	61%	39%	No Data	Multi-mode	1%
Royal Cornwall Hospitals NHS Trust (Liskeard Community Hospital, Royal Cornwall Hospital, Mid Cornwall and West Cornwall/Isles of Scilly)	South West (Peninsula)	NHS Cornwall and The Isles of Scilly	<5 Records	84%	7%	8%	Multi-mode	17%
Royal Devon University Healthcare NHS Foundation Trust (North Devon District Hospital)	South West (Peninsula)	NHS Devon	55%	35%	No Data	<5 Records	Multi-mode	6%
Royal Devon University Healthcare NHS Foundation Trust (Royal Devon and Exeter Hospital (Wonford) & Westbank Community Care)	South West (Peninsula)	NHS Devon	65%	10%	10%	15%	Multi-mode	0%

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Torbay and South Devon NHS Foundation Trust (Torbay Hospital)	South West (Peninsula)	NHS Devon	<5 Records	6%	73%	20%	Multi-mode	1%
Barnsley Hospital NHS Foundation Trust (Barnsley Hospital NHS Foundation Trust HQ)	South Yorkshire	NHS South Yorkshire	88%	No Data	No Data	13%	Single mode	0%
Rotherham NHS Foundation Trust (Rotherham District General Hospital and Rotherham Community Health Centre)	South Yorkshire	NHS South Yorkshire	<5 Records	79%	19%	No Data	Multi-mode	3%
Sheffield Teaching Hospitals NHS Foundation Trust (Community Cardiac Rehabilitation Programme)	South Yorkshire	NHS South Yorkshire	<5 Records	20%	79%	No Data	Multi-mode	1%
George Eliot Hospital NHS Trust (George Eliot Hospital)	West Midlands	NHS Coventry and Warwickshire	97%	<5 Records	No Data	No Data	Multi-mode	8%
Sandwell and West Birmingham Hospitals NHS Trust (City Hospital and Sandwell General Hospital)	West Midlands	NHS Black Country	87%	8%	<5 Records	<5 Records	Multi-mode	24%
Shrewsbury and Telford Hospital NHS Trust (The Princess Royal Hospital)	West Midlands	NHS Shropshire, Telford and Wrekin	No Data	94%	<5 Records	No Data	Multi-mode	0%
The Royal Wolverhampton Hospitals NHS Trust (New Cross Hospital and Cannock Chase Hospital)	West Midlands	NHS Black Country	49%	32%	20%	No Data	Multi-mode	4%
University Hospitals Birmingham NHS Foundation Trust (Good Hope Hospital)	West Midlands	NHS Birmingham and Solihull	90%	<5 Records	No Data	No Data	Multi-mode	20%
University Hospitals Birmingham NHS Foundation Trust (Heartlands Hospital and Solihull Hospital)	West Midlands	NHS Birmingham and Solihull	100%	No Data	No Data	No Data	Single mode	19%
University Hospitals Coventry and Warwickshire NHS Trust (University Hospital, Coventry and Hospital of St Cross)	West Midlands	NHS Coventry and Warwickshire	61%	11%	28%	No Data	Multi-mode	6%
University Hospitals of Derby and Burton NHS Foundation Trust (Queen's Hospital)	West Midlands	NHS Staffordshire and Stoke-on-Trent	82%	16%	<5 Records	No Data	Multi-mode	4%

Trust Name	Network/Region	ICB/Board	Of those with mode recorded, what are the proportions in each group				Did the programme have a diverse menu-based approach? (Single or Multi-mode)	% of Patients Starting Core CR Without Mode Recorded
			Group-based Only	Self Delivered/ Home-based Only	Hybrid ²	Reduced Staff Support/Patient Led ³		
University Hospitals of North Midlands NHS Trust (County Hospital Stafford and Royal Stoke University Hospital)	West Midlands	NHS Staffordshire and Stoke-on-Trent	Insufficient Number of Starters for Valid Data Reporting					
Walsall Cardiac Rehabilitation Trust (Heart Care)	West Midlands	NHS Black Country	65%	19%	14%	<5 Records	Multi-mode	5%
Worcestershire Acute Hospitals NHS Trust (Alexandra Hospital)	West Midlands	NHS Herefordshire and Worcestershire	47%	No Data	53%	No Data	Multi-mode	4%
Worcestershire Acute Hospitals NHS Trust (Kidderminster Hospital)	West Midlands	NHS Herefordshire and Worcestershire	31%	No Data	69%	No Data	Multi-mode	2%
Worcestershire Acute Hospitals NHS Trust (Worcestershire Royal Hospital)	West Midlands	NHS Herefordshire and Worcestershire	46%	<5 Records	52%	No Data	Multi-mode	6%
Wye Valley NHS Trust (Hereford County Hospital, Leominster and Ross on Wye)	West Midlands	NHS Herefordshire and Worcestershire	Sufficient Number of Starters but no Mode Data					
Bath and North East Somerset: HCRG Care Group (Heart Failure Service BANES)	West of England	NHS Bath and North East Somerset, Swindon and Wiltshire	Sufficient Number of Starters but no Mode Data					
Dorset County Hospital NHS Foundation Trust (Dorset County Hospital)	West of England	NHS Dorset	<5 Records	31%	52%	15%	Multi-mode	5%
Gloucestershire Health and Care NHS Foundation Trust (Gloucestershire Care Services)	West of England	NHS Gloucestershire	90%	8%	<5 Records	<5 Records	Multi-mode	7%
Great Western Hospitals NHS Foundation Trust	West of England	NHS Bath and North East Somerset, Swindon and Wiltshire	14%	63%	23%	No Data	Multi-mode	1%
North Bristol NHS Trust (Southmead Hospital)	West of England	NHS Bristol, North Somerset and South Gloucestershire	<5 Records	93%	<5 Records	<5 Records	Multi-mode	22%
Royal United Hospital Bath NHS Foundation Trust (Royal United Hospital)	West of England	NHS Bath and North East Somerset, Swindon and Wiltshire	52%	48%	No Data	No Data	Multi-mode	5%

Trust Name	Network/Region	ICB/Board	Of those with mode recorded, what are the proportions in each group				Did the programme have a diverse menu-based approach? (Single or Multi-mode)	% of Patients Starting Core CR Without Mode Recorded
			Group-based Only	Self Delivered/ Home-based Only	Hybrid ²	Reduced Staff Support/Patient Led ³		
Salisbury NHS Foundation Trust (Salisbury District Hospital)	West of England	NHS Bath and North East Somerset, Swindon and Wiltshire	73%	<5 Records	No Data	No Data	Multi-mode	0%
Somerset NHS Foundation Trust (Musgrove Park Hospital & Somerset Community)	West of England	NHS Somerset	48%	52%	No Data	No Data	Multi-mode	0%
University Hospitals Bristol and Weston NHS Foundation Trust (Bristol Royal Infirmary)	West of England	NHS Bristol, North Somerset and South Gloucestershire	31%	60%	8%	<5 Records	Multi-mode	5%
University Hospitals Bristol and Weston NHS Foundation Trust (Weston General Hospital)	West of England	NHS Bristol, North Somerset and South Gloucestershire	38%	60%	<5 Records	No Data	Multi-mode	8%
University Hospitals Dorset NHS Foundation Trust (Poole General Hospital & Royal Bournemouth Hospital)	West of England	NHS Dorset	100%	No Data	No Data	No Data	Single mode	0%
Bradford Teaching Hospitals NHS Foundation Trust (Bradford Royal Infirmary, St Lukes Hospital, Queensbury Health Centre and Eccleshill Clinic)	West Yorkshire	NHS West Yorkshire	5%	47%	47%	No Data	Multi-mode	3%
Calderdale and Huddersfield NHS Foundation Trust (Calderdale Royal Hospital)	West Yorkshire	NHS West Yorkshire	No Data	73%	23%	4%	Multi-mode	1%
Locals Community Partnership CIC (Huddersfield)	West Yorkshire	NHS West Yorkshire	14%	69%	17%	No Data	Multi-mode	28%
Mid Yorkshire Hospitals NHS Trust (Pinderfields Hospital, Pontefract General Infirmary, Dewsbury & District Hospital)	West Yorkshire	NHS West Yorkshire	<5 Records	82%	17%	No Data	Multi-mode	23%

Trust Name	Region	Of those with mode recorded, what are the proportions in each group				Did the programme have a diverse menu-based approach? (Single or Multi-mode)	% of Patients Starting Core CR Without Mode Recorded
		Group-based	Self Delivered/ Home-based	Hybrid ²	Reduced Staff Support/Patient Led ³		
Belfast Health and Social Care Trust (Belfast City Hospital, Royal Victoria Hospital and Mater Hospital)	Belfast Health and Social Care Trust	38%	58%	<5 Records	No Data	Multi-mode	15%
Northern Health and Social Care Trust (Antrim Area Hospital, Whiteabbey Hospital, Mid-Ulster Hospital, Causeway Hospital)	Northern Health and Social Care Trust	23%	75%	<5 Records	<5 Records	Multi-mode	4%
South Eastern Health and Social Care Trust (Downe Hospital)	South Eastern Health and Social Care Trust	100%	No Data	No Data	No Data	Single mode	13%
South Eastern Health and Social Care Trust (Lagan Valley Hospital)	South Eastern Health and Social Care Trust	96%	<5 Records	No Data	<5 Records	Multi-mode	0%
South Eastern Health and Social Care Trust (Ulster Hospital)	South Eastern Health and Social Care Trust	No Data	47%	53%	No Data	Multi-mode	19%
Southern Health and Social Care Trust (Craigavon Area Hospital)	Southern Health and Social Care Trust	Insufficient Number of Starters for Valid Data Reporting					
Southern Health and Social Care Trust (Daisy Hill Hospital)	Southern Health and Social Care Trust	<5 Records	36%	52%	10%	Multi-mode	2%
Southern Health and Social Care Trust (South Tyrone Hospital)	Southern Health and Social Care Trust	<5 Records	43%	35%	20%	Multi-mode	10%

Trust Name	Region	Of those with mode recorded, what are the proportions in each group				Did the programme have a diverse menu-based approach? (Single or Multi-mode)	% of Patients Starting Core CR Without Mode Recorded
		Group-based	Self Delivered/ Home-based	Hybrid ²	Reduced Staff Support/Patient Led ³		
Isle of Man (Nobles Hospital)	Other	<5 Records	No Data	94%	No Data	Multi-mode	6%

Trust Name	Region	Of those with mode recorded, what are the proportions in each group				Did the programme have a diverse menu-based approach? (Single or Multi-mode)	% of Patients Starting Core CR Without Mode Recorded
		Group-based	Self Delivered/ Home-based	Hybrid ²	Reduced Staff Support/Patient Led ³		
Aneurin Bevan University Health Board (Nevill Hall Hospital, County Hospital, Ysbyty Ystrad Fawr and St Woolos)	Aneurin Bevan University Health Board	56%	12%	31%	<5 Records	Multi-mode	16%
Betsi Cadwaladr University Health Board (North West Wales Cardiac Rehab Programme)	Betsi Cadwaladr University Health Board	No Data	98%	<5 Records	No Data	Multi-mode	7%
Betsi Cadwaladr University Health Board (Wrexham Maelor Hospital)	Betsi Cadwaladr University Health Board	12%	63%	25%	<5 Records	Multi-mode	25%
Betsi Cadwaladr University Health Board (Ysbyty Glan Clwyd & Llandudno)	Betsi Cadwaladr University Health Board	13%	39%	13%	35%	Multi-mode	3%
Cardiff and Vale University Health Board (University Hospital of Wales and Llandough Hospital)	Cardiff & Vale University Health Board	64%	25%	<5 Records	6%	Multi-mode	5%
Cwm Taf Morgannwg University Health Board (Princess of Wales Hospital)	Cwm Taf Morgannwg University Health Board	64%	36%	No Data	No Data	Multi-mode	8%
Cwm Taf Morgannwg University Health Board (Royal Glamorgan Hospital and Prince Charles Hospital)	Cwm Taf Morgannwg University Health Board	20%	36%	39%	6%	Multi-mode	9%
Hywel Dda University Health Board (Bronglais Hospital)	Hywel Dda University Health Board	No Data	100%	No Data	No Data	Single mode	7%
Hywel Dda University Health Board (Glangwili Hospital and Prince Philip Hospital)	Hywel Dda University Health Board	<5 Records	35%	32%	29%	Multi-mode	6%
Hywel Dda University Health Board (Haverfordwest Health Care Centre)	Hywel Dda University Health Board	100%	No Data	No Data	No Data	Single mode	14%
Swansea Bay University Health Board (Neath/Port Talbot Hospital)	Swansea Bay University Health Board	No Data	39%	61%	No Data	Multi-mode	3%

²Patient received group and home-based CR

³This mode is where there is an assessment 1 and structured programme initiated, however, patients lead their own programme and are supported, limitedly, by support/contact with the CR team. It also requires an expectation of completion of Assessment 2